

toast (v) butter. preserves. white. wholegrain. rustic fruit loaf. croissant	5
eggs on toast (v) poached. fried. scrambled	9.2
homemade granola (ve) mixed berries. agave. almond milk	8.5
smashed avocado (v) feta. pepitas. chives. toast	12.2
eggs & hollandaise (v) poached eggs. dill. chives. ciabatta	11.8
with bacon, ham, spinach or mushrooms	15.8
with smoked salmon	16
vegan breakfast (ve) field mushroom. tomato. avocado. kale. salsa verde. toast	12.5
green bowl (gf) (v) broccoli. avocado. kale chips. spinach. quinoa. salsa verde. soft egg	13.3
acai bowl (ve) acai. mixed berries. almond milk. agave. granola. banana. chia	10
spaghetti (v) spaghetti. roast pumpkin. zucchini. chilli. crumbs	11
cheeseburger beef. cheese. lettuce. tomato. pickles. ketchup. mustard	10.5
chicken burger chicken. cheese. iceberg. mayonnaise. grilled or fried	11
mushroom burger (v) grilled field mushroom. brie. kale. caramelised onion. balsamic. pesto.	12
fried squid chips. mayonnaise. salsa verde. parsley	14
three piece feed home made southern style fried chicken, coleslaw, chips, chipotle aioli	15
hsp hoagie beef. chips. cheese. mayonnaise. bbq. hot sauce	10.5
mac & cheese balls (v)	7.5
buffalo wings chicken. hot sauce. sour cream. chives	8.5
chips (v)	5
add gravy	1
pick a sauce - ketchup or mayonnaise	0
extras	
hollandaise	2
spinach. tomato. mushrooms. cheese. hash brown	3.2
egg. chorizo. bacon.	3.7
avocado. smoked salmon	4.8
side of chips or salad	3.8
switch to gluten free bread	2



espresso. long black. short macchiato	3.5
cappuccino. flat white. latte. hot chocolate. hot white chocolate.	
chai latte. matcha latte. turmeric latte. turmeric chai	3.9
long macchiato. mocha. affogato	4.4
takeaway	s 3.2 r 3.7 l 4.3 xl 4.9
soy milk. lactose free milk. almond milk. coconut milk	0.6
extra shot	0.6
flavours - vanilla, caramel, hazelnut	1
organic teas	3.7
english breakfast. earl grey. green. masala chai. chamomile. peppermint. lemongrass & ginger. french vanilla	
iced	s 4.5 r 5.5
iced latte. iced chocolate. iced white chocolate. iced mocha. iced matcha. iced chai	
soy milk. lactose free milk. almond milk. coconut milk. extra shot	0.6
organic iced tea	s 4.5 r 5.5
english breakfast. earl grey. green. masala chai. chamomile. peppermint. lemongrass & ginger. french vanilla	
cold brew	s 4.5 r 5.5
straight up, over ice or with sparkling water	
kombucha	s 5.2 r 6.7
milkshakes	s 4.5 r 5.5
chocolate. caramel. strawberry. banana. vanilla. coffee. snickers add extra ice cream	1
frappes	s 5 r 6
coffee. chocolate. mocha. white chocolate	



fresh juices	s 5 r 7.3
root (ve)(gf) apple. carrot. celery. beetroot. lemon. ginger	
fruit (ve)(gf) orange. watermelon. apple. mint	
green (ve)(gf) cucumber. celery. apple. parsley. lime. mint. ginger	
melon (ve)(gf) rockmelon. mango. mint. watermelon	
apple (ve)(gf)	s 5 r 7.3
orange	s 5 r 7.3
or create your own delicious combination	
smoothies	
made with soy or your choice of milk	
kiwi (ve)(gf)	s 6 r 8
kale. avocado. kiwi fruit. apple. spirulina	
berry (v)(gf)	s 6 r 8
blueberries. raspberries. lsa. banana. honey. yoghurt	
peanut butter cup (v)(gf)	s 6 r 8
banana. muesli. peanut butter. yoghurt. chocolate	
mango (v)(gf)	s 6 r 8
mango. honey. yoghurt	
acai (ve)(gf)	s 6 r 8
acai. mixed berries. almond milk. agave	
acai bowl (ve)(gf)	10
acai. mixed berries. almond milk. agave. granola. banana. chia	
extras	
peanut butter. honey. agave. ginger	0.5
matcha	1.5
toppings	
chia seeds. gluten free muesli	0.5
banana. coconut. berries	1
alternatives	
almond milk. full cream milk. skim milk. lactose free milk. coconut milk. soy milk. yoghurt	